

**2008 Cal State L.A.
Women's Track and Field Best List
Final**

100 Meters	Yr	Mark	Date	Meet	Auto. 11.65	Prov. 12.10
Shianne Smith	Jr.	12.14	Apr. 26	Tiny Lister Classic		
Michelle Vaughner	Fr.	12.74	Apr. 26	Tiny Lister Classic		
Sierra Backus	Sr.	12.80	May 2	CCAA Champs		
Rebekah McCall	Sr.	12.98	Feb. 23	Rossi		
Eva Micue	Jr.	13.65	Apr. 11	UCLA		
Crystal Ponce	Fr.	14.30	Mar. 1	CSULA		
200 Meters	Yr	Mark	Date	Meet	23.95	24.80
Shianne Smith	Jr.	24.75	May 2	CCAA Champs		X
Rebekah McCall	Sr.	25.09	May 2	CCAA Champs		
Michelle Vaughner	Fr.	25.94	Apr. 26	Tiny Lister Classic		
Eva Micue	Jr.	26.99	Apr. 26	Tiny Lister Classic		
Crystal Ponce	Fr.	29.86	Mar. 1	CSULA		
Airess Padda	Sr.	30.11	Mar. 1	CSULA		
400 Meters	Yr	Mark	Date	Meet	55.00	56.60
Rebekah McCall	Sr.	55.67	May 10	Oxy Invitational		X
Shianne Smith	Jr.	60.56	Mar. 8	Ben Brown		
800 Meters	Yr	Mark	Date	Meet	2:10.50	2:15.00
Eva Micue	Jr.	2:23.94	Apr. 17	California Multis		
Shianne Smith	Jr.	2:24.47	May 2	CCAA Champs		
Claire Weinan	Jr.	2:29.90	Apr. 26	Tiny Lister Classic		
1500 Meters	Yr	Mark	Date	Meet	4:31.00	4:42.00
Karla Alburez	Sr.	4:38.41	Mar. 1	CSULA		X
Liliana Hernandez	Jr.	4:51.32	Mar. 1	CSULA		
Cynthia Rios	Jr.	5:01.36	Mar. 21	Northridge Multis		
Claire Weinan	Jr.	5:02.90	Mar. 22	Trojan Invite		
Maria Castaneda	Jr.	5:03.84	Apr. 26	Tiny Lister Classic		
Dora Perez	Jr.	5:05.83	Apr. 26	Tiny Lister Classic		
3000 Meters	Yr	Mark	Date	Meet	9:40.00	10:15.00
Karla Alburez	Sr.	9:58.52	Feb. 23	Rossi		X
Liliana Hernandez	Jr.	10:14.97	May 2	CCAA Champs		X
Cynthia Rios	Jr.	10:22.49	Mar. 22	Trojan Invite		
Maria Castaneda	Jr.	10:42.12	Apr. 16	CSULA Twilight		
Dora Perez	Jr.	10:47.63	Apr. 16	CSULA Twilight		
Claire Weinan	Jr.	11:23.55	Feb. 23	Rossi		
3000 Meters SC	Yr	Mark	Date	Meet	11:00.00	11:27.00
Liliana Hernandez	Jr.	11:09.48	May 10	Oxy Invitational		X

5000 Meters	Yr	Mark	Date	Meet	17:11.00	17:45.00
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Cynthia Rios	Jr.	17:52.46	Mar. 29	Cal-Nevada		
Maria Castaneda	Jr.	18:02.86	May 10	Oxy Invitational		
Dora Perez	Jr.	18:19.95	May 10	Oxy Invitational		
Liliana Hernandez	Jr.	18:48.81	May 3	CCAA Champs		
Claire Weinan	Jr.	19:32.84	Mar. 29	Cal-Nevada		

10000 Meters	Yr	Mark	Date	Meet	35:50.00	37.30.00
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Maria Castaneda	Jr.	38:01.89	May 2	CCAA Champs		
Dora Perez	Jr.	38:16.67	May 2	CCAA Champs		
Cynthia Rios	Jr.	40:09.11	May 2	CCAA Champs		

100 Hurdles	Yr	Mark	Date	Meet	14.00	14.60
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Shianne Smith	Jr.	15.37	Apr. 26	Tiny Lister Classic		
Eva Micue	Jr.	16.15	May 1	CCAA Champs		
Airess Padda	Sr.	18.98	Mar. 1	CSULA		

400 Hurdles	Yr	Mark	Date	Meet	1:00.00	1:03.00
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Eva Micue	Jr.	66.41	Apr. 26	Tiny Lister Classic		
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4X100 Relay	Yr	Mark	Date	Meet	46.00	47.60
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Cal State L.A.		47.72	May 10	Oxy Invitational		
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4X400 Relay	Yr	Mark	Date	Meet	3:42.00	3:52.00
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Cal State L.A.		3:55.13	Mar. 29	Cal-Nevada		
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800 Sprint Medle	Yr	Mark	Date	Meet		
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Cal State L.A.		1:52.26	Feb. 23	Rossi		
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High Jump	Yr	Mark	Date	Meet	5-8.75	5-6
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Denina Speights	Jr.	5-1.75	Apr. 16	CSULA Twilight		
Shianne Smith	Jr.	5-1.25	Apr. 16	California Multis		
Eva Micue	Jr.	4-11	May 2	CCAA Champs		
Airess Padda	Sr.	4-9.75	May 2	CCAA Champs		

Pole Vault	Yr	Mark	Date	Meet	12-10	11-9.75
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Long Jump	Yr	Mark	Date	Meet	19-4.25	18-4.25
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Denina Speights	Jr.	18-11.75	May 2	CCAA Champs		X
Sierra Backus	Sr.	18-9	May 2	CCAA Champs		X
Shianne Smith	Jr.	18-4	May 2	CCAA Champs		
Eva Micue	Jr.	15-1.50	Apr. 26	Tiny Lister Classic		
Airess Padda	Sr.	15-00.00	Mar. 1	CSULA		

Triple Jump	Yr	Mark	Date	Meet	40-2.25	38-0.75
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Sierra Backus	Sr.	39-4	May 10	Oxy Invitational		X
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Shot Put	Yr	Mark	Date	Meet	48-10.75	43-7.75
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Eva Micue	Jr.	34-7.75	Mar. 15	CSUN
Shianne Smith	Jr.	32-2.00	Apr. 16	California Multis
Airess Padda	Sr.	31-08.00	Mar. 1	CSULA
Kylar Mathis	Fr.	30-9.00	Mar. 1	CSULA
Roya Johnson	Fr.	25-2.75	May 2	CCAA Champs

Discus	Yr	Mark	Date	Meet	156-2	141-1
Kylar Mathis	Fr.	100-03	Mar. 1	CSULA		

Javelin	Yr	Mark	Date	Meet	146-2	134-6
Shianne Smith	Jr.	86-1	Apr. 26	Tiny Lister Classic		
Eva Micue	Jr.	83-1	Apr. 26	Tiny Lister Classic		
Airess Padda	Sr.	80-10	Feb. 23	Rossi		
Roya Johnson	Fr.	49-8	Mar. 28	Cal-Nevada		
Kylar Mathis	Fr.	49-2	Mar. 15	CSUN		

Hammer	Yr	Mark	Date	Meet	177-2	160-9
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Heptathalon	Yr	Mark	Date	Meet	4880	4440
Shianne Smith	Jr.	4587	Apr. 17	California Multis		
Eva Micue	Jr.	3812	Apr. 17	California Multis		

Feb. 23 - Claremont Rossi Relays, Claremont, Calif.
 Mar. 1 - Cal State Challenge, Jesse Owens Track
 Mar. 8 - Ben Brown Invitational, Fullerton, Calif.
 Mar. 15 - Northridge Invitational, Northridge, Calif.
 Mar. 20-21 - Northridge Multi's, Northridge, Calif.
 Mar. 22 - Trojan Invitational, Los Angeles, Calif.
 Mar. 28-29 - Cal-Nevada Championships, Fresno, Calif.
 Apr. 4-5 - Texas Relays, Austin, Texas
 Apr. 4-5 - Stanford Invitational, Palo Alto, Calif.
 Apr. 11-12 - Jackie Joyner-Kersey/Rafer Johnson Invitational, Westwood, Calif.
 Apr. 16 - Cal State L.A. Twilight Open, Jesse Owens Track
 Apr. 16-17 - California Multi's, Azusa, Calif.
 Apr. 17-20 - Mt. SAC Relays, Walnut, Calif.
 Apr. 25-26 - Tommy "Tiny" Lister Classic, Jesse Owens Track
 May 1-3 - CCAA Championships, Jesse Owens Track
 May 10 - Occidental Invitational, Eagle Rock, Calif.
 May 22-24 - NCAA Championships, Walnut, Calif. (CPP host)