2008 Cal State L.A.
Women's Indoor Track and Field Best List

**NCAA qualifying marks converted to 200m flat tracks*

60 Meters	**Yr**	**Mark**	**Date**	**Meet**	**Auto. 7.55**	**Prov. 7.76**
Michelle Vaughner	Fr.	8.00	Feb. 9	McDonald's		
Rebekah McCall	Sr.	8.04	Feb. 8	Vandal		
Omonike Kotey	Sr.	8.05	Feb. 8	Vandal		
Sierra Backus	Sr.	8.28	Feb. 8	Vandal		

200 Meters	**Yr**	**Mark**	**Date**	**Meet**	**Auto. 24.85**	**Prov. 25.50**
Rebekah McCall	Sr.	26.05	Feb. 8	Vandal		
Michelle Vaughner	Fr.	26.15	Feb. 9	McDonald's		
Eva Micue	Jr.	28.52	Feb. 9	McDonald's		

400 Meters	**Yr**	**Mark**	**Date**	**Meet**	**Auto. 56.20**	**Prov. 57.80**
Rebekah McCall	Sr.	57.92	Feb. 9	McDonald's		

800 Meters	**Yr**	**Mark**	**Date**	**Meet**	**Auto. 2:13.60**	**Prov. 2:18.30**
Eva Micue	Jr.	2:28.26	Feb. 15	Boise		
Karla Alburez	Sr.	2:30.81	Feb. 8	Vandal		

1 Mile	**Yr**	**Mark**	**Date**	**Meet**	**Auto. 4:58.10**	**Prov. 5:06.60**
Karla Alburez	Sr.	5:04.35	Feb. 8	Vandal		X*
Liliana Hernandez	Jr.	5:22.00	Feb. 15	Boise		
Maribel Cespedes	Sr.	5:22.11	Feb. 15	Boise		

5000 Meters	**Yr**	**Mark**	**Date**	**Meet**	**Auto. 17:06.80**	**Prov. 17:51.80**
Karla Alburez	Sr.	17:22.97	Feb. 1	Washington		X*
Maribel Cespedes	Sr.	17:57.33	Feb. 1	Washington		
Liliana Hernandez	Jr.	18:00.20	Feb. 1	Washington		
Dora Perez	Jr.	18:58.76	Feb. 9	McDonald's		
Maria Castaneda	Jr.	19:02.23	Feb. 9	McDonald's		

High Jump	Yr	Mark	Date	Meet	Auto. 5-08.50	Prov. 5-05.75
Denina Speights	Jr.	5-01.25	Feb. 15	Boise		
Airess Padda	Sr.	4-11.00	Feb. 8	Vandal		
Eva Micue	Jr.	4-07.75	Feb. 9	McDonald's		

Pole Vault	Yr	Mark	Date	Meet	Auto. 12-05.50	Prov. 11-05.75

Long Jump	Yr	Mark	Date	Meet	Auto. 19-00.50	Prov. 18-01.00
Omonike Kotey	Sr.	18-10.75	Feb. 9	McDonald's		X
Denina Speights	Jr.	17-09.75	Feb. 15	Boise		
Sierra Backus	Sr.	17-08.25	Feb. 15	Boise		
Shianne Smith	Jr.	16-08.50	Feb. 1	Washington		
Airess Padda	Sr.	14-07.00	Feb. 9	McDonald's		

Triple Jump	Yr	Mark	Date	Meet	Auto. 40-00.50	Prov. 37-08.75
Omonike Kotey	Sr.	39-09.25	Feb. 8	Vandal		X
Sierra Backus	Sr	38-09.00	Feb. 1	Washington		X

Shot Put	Yr	Mark	Date	Meet	Auto. 46-11.00	Prov. 43-05.75
Airess Padda	Sr.	29-11.25	Feb. 9	McDonald's		
Eva Micue	Jr.	FOUL	Feb. 9	McDonald's		

3000 Meters	Yr	Mark	Date	Meet	Auto. N/A	Prov. N/A
Liliana Hernandez	Jr.	10:41.86	Feb. 15	Boise		
Maribel Cespedes	Sr.	10:43.59	Feb. 15	Boise		
Maria Casteneda	Jr.	11:18.91	Feb. 15	Boise		

Feb. 1-2 - University of Washington Invitational, Seattle, Wash.
Feb. 8 - Vandal Invitational, Moscow, Idaho
Feb. 9 - McDonald's Open, Moscow, Idaho
Feb. 15-16 - Boise State Team Invitational, Nampa, Idaho
Mar. 7-8 - NCAA Championships, Mankato, Minn.
Oversided Track - Seattle, Moscow
Banked - Boise